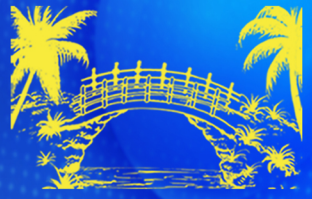




SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai



Bridges

Newsletter of SRIHER (DU)



October 2025

bridges@sriramachandra.edu.in

From the Editor's Desk

October has always been a month of reflection and renewal; a quiet bridge between monsoon's retreat and winter's promise. This October at Sri Ramachandra Institute of Higher Education and Research (SRIHER) was marked by vibrant academic exchanges, international collaborations, and celebrations of excellence across disciplines.

World Bioethics Day 2025 was observed with great enthusiasm under the auspices of the International Chair in Bioethics, WMA Cooperating Centre. The event reaffirmed our commitment to ethical reflection and responsible practice in healthcare and research values that continue to anchor the mission of our institution.

The Dept. of General Surgery, (SRMC&RI), conducted two significant academic events this month. The 27th Annual Review and Rapid Revision Course provided students and practitioners with a comprehensive platform to refine clinical acumen and enhance preparedness. Complementing this, the Prof. D. Gnanaprakasam Annual Endowment Oration brought together experts to reflect on surgical advancements and the noble legacy of commitment to patient care.

The Sri Ramachandra Faculty of Nursing (SRFoN) enriched the month with two major academic initiatives. The 5th National Nursing Science Exhibition, INNOVUS 2025. In addition, SRFoN, in collaboration with the University of Wisconsin Oshkosh (USA) and the Catholic University of Santa María (Peru), hosted the 7th International Nursing Students Round Table Discussion an inspiring platform that allowed students to engage in global conversations on nursing education, research, and practice.

Dept. of Musculoskeletal Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, hosted the 8th Smt. Kamalam Ramasamy Udayar Endowment Oration. The oration highlighted cutting-edge advancements and reaffirmed our enduring commitment to academic excellence and clinical innovation.

Adding to the pride of the institution, the Centre for Professional Development (CPD-Virtual Reality Lab), SRIHER, received a Certificate of Appreciation at the 17th FICCI Healthcare Excellence Awards 2025.

As we look back on the month of October, one message echoes across every event, every collaboration, and every achievement; SRIHER continues to grow as a global, ethical, and innovation-driven health sciences university. May the pages of this issue of Bridges carry forward that spirit.

Dr. V. Deepa Parvathi
Managing Editor

Alumni Corner



by Dr. Kruti N. Parikh (MD Pharmacology 2020-2023), Assoc. Scientific Editor - Medical Sciences, Cell Press (Elsevier) who highlighted the intricate process of medical publishing. 35 Ph.D scholars, UG, PG students and faculty members attended.

Congratulations!

Dept. of Pharmacology, SRMC & RI, organised a guest lecture titled 'Publishing with Precision – The Art of Medical Communication' on 23rd October. The session was delivered

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Alumni Corner

Ms. Priyanka Srikumar (2019-2023 B.ASLP; 2023-2025 M.Sc (SLP), Speech Language Therapist, Abilities Multispeciality Centre received the 'Best Poster Presentation Award - Case Report Category' for the presentation titled 'Avoidant Restrictive Food Intake Disorder (ARFID) in an Adult: Assessment & Management of Feeding and Swallowing', at the Third International Dysphagia Conclave 2025, held in Bengaluru on 30th October & 1st November.

Dept. of Radiology and Imaging Sciences, SRFAHS, organised a webinar on 'From Student to Professional: Lessons on Transitioning into Clinical Practice' on 3rd October. Alumnus Mr. Noyal Mathew (M.Sc. Radiology 2010-2011) Radiology & MRI Practice Educator & Clinical simulations Facilitator, University College of London, served as the resource person. 150 members attended.



Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP) conducted an interactive session on 'Art of Storytelling - A workshop on storytelling' by Mr. Mohana Sundaram, Storyteller and Founder, PupaLife on 8th October. This workshop was funded by Speech and Hearing Chapter of Sri Ramachandra Alumni Association. 142 students, faculty members and alumni attended.

Awards & Recognitions



Sri Ramachandra Dental College and Hospital (SRDC&H) received recognition from the Thiru R.N. Ravi, Governor of Tamil Nadu for securing 13th rank in the Dental Category (NIRF 2025) on 8th October at Raj Bhavan, Chennai.



Dr. Nagendra Boopathy, Prof of Cardiology, SRMC&RI, was recognised by the Heal Foundation for his contribution as one of India's top 75 Interventional Cardiologist on 1st October.



President Elect IOS, Dr. Sridevi Padmanabhan, Prof., Dept. of Orthodontics & Associate Dean (Research) was recognised as regional membership chair in World Federation of Orthodontics in 10th Indian Orthodontic Congress held at Rio De Janeiro from 22nd to 25th October.

Awards & Recognitions



Dr. Pavithra V., Assoc. Prof., Dept. of Pathology, SRMC&RI won the award titled 'AASAAN 2025' at 4th Annual award Ceremony conducted by Indian Medical Association for the year 2025-2026 on 5th October.



17th FICCI's Healthcare Excellence Awards 2025- Certificate of Appreciation was presented to Centre for Professional Development (CPD-Virtual Reality Lab), SRIHER for Training and Skill Development Initiative of the year under the category for Medical Colleges, held on 8th October at New Delhi.



Ms. Sharon Mizpah Prathana C, Asst. Prof., Dept. of SLP, SRFASLP won the 'Best Platform Presentation Award - Original Category' for the presentation 'Profiling Feeding Patterns and Practices among 6-12-month-old Infants: A Cross-Sectional Study' at the third International Dysphagia Conclave 2025, held at Bengaluru from 30th October to 1st November.

Ms. Sujitha P., II yr. M. Sc. Physician Associate secured Silver Medal for Third Best Oral Paper Award for the presentation on 'Correlation of Aspartate Aminotransferase to Platelet Ratio Index with Child-Pugh and MELD-Na Scores among Patients with Decompensated Liver Disease' at the 21st Annual Conference of the Indian Association of Physician Assistants 2025 held on 11th October at Hotel Savera, Chennai.



The Nichi - In Centre for Regenerative Medicine(NCRM), Japan organises an International level quiz annually. Ms. Kavya V and Ms. R. Pradeepa (III yr. B. Sc. (Hons.) Biomedical Sciences), represented SRIHER at the NCRM NICHE 2025 – XX Fujio Cup Quiz held on 12th October.

Out of the 53 participating teams, our students emerged as winners. They presented on the topic 'Neutrophils and Natural Killer Cells: Their Double-Edged Role in Tumour Metastasis'. They were awarded First Prize, along with certificate, gift voucher and prize money from NCRM NICHE- Fujio Cup Quiz.

40th CONVOCATION



The 40th Convocation of SRIHER was held on 15th October. Mr. Sridhar Vembu, Chief Scientist, Zoho Corporation was the chief guest. 75 gold medals were awarded to meritorious students. Hon. Chancellor Shri. V.R. Venkataachalam conferred the degrees on 1946 students in the faculties of medicine, engineering and management.

Graduation days for constituent faculty as clusters were held on 16th October and 17th to confer degrees across diverse disciplines. Dr. C. Joe Arun, S. J., Director Loyola Institute of Business Administration & Chairman, State Minorities Commission, Govt. of Tamil Nadu honoured 330 graduates of Faculty of Pharmacy, Clinical Research and Management Sciences. 399 graduates of the Faculty of Physiotherapy, Biomedical Sciences & Technology, Occupational Therapy and the Faculty of Engineering & Technology had their graduation day in the presence of Mr. R. Vijay Ananth, Executive Director, City Union Bank. 331 graduates of the Faculty of Medicine, Dental, Nursing, Public Health, Sports & Exercise Sciences and Audiology & Speech Language Pathology graduated in the presence of Dr. V. Jayanthi, Vice Chancellor, Sapthagiri NPS University, Bengaluru. 503 graduates of the Faculty of Allied Health Sciences were honoured by Mr. K.R.R. Aiyappamani, Member, Bar Council of Tamil Nadu and Puducherry.



Happenings



World Bioethics Day-2025 was celebrated under the auspices of the International Chair in Bioethics, WMA Cooperating Centre, SRIHER, on 23rd October on the theme 'Protection of Environment, the Biosphere, and Biodiversity'. Dr. Anu Sharma, Prof. of Anatomy, Dayanand Medical College and Hospital, Ludhiana, and Dr. Sangeetha Raja, Prof. of Pharmacology, SRM Medical College and Secretary, SRM Bioethics Unit, was the chief guest and guest of honour, respectively. 260 students attended the sessions and 50 participated in various competitions.



Dept. of Medical Education, SRMC&RI, NMC Nodal Centre organised 'Basic Course in Medical Education' for the faculty members of SRMC&RI from 8th to 10th October. 30 faculty members attended.



Sri Ramachandra Faculty of Pharmacy (SRFOP), celebrated World Pharmacists Day 2025 on 25th September, on the theme 'Think Health, Think Pharmacist'. Mr. M. M. Yusuf, (Retd.) Joint Director of Drug Control, Tamil Nadu was the chief guest. 175 students and faculty members attended.



The White Coat Ceremony for the newly admitted students from SRDC&H, was held on 22nd October. The ceremony marked the symbolic beginning of their selfless journey in patient care, as the students donned their white coats and took the Hippocratic Oath. The event was presided by Dr. U. Arunmozhi, Principal and Head, Dept. of Periodontics, Sri Venkateswara Dental College and Hospital. 110 students, parents and faculty members attended.

Dept. of General Medicine, SRMC&RI, conducted its monthly CME programme on 24th October. The session focused on recent developments in the field of cardiology, delivered by Dr. Abraham Oomman, Consultant Cardiologist, Apollo Hospitals. 100 students and faculty members attended.



SRDC&H conducted an awareness programme to celebrate World Endodontic day on 12th October with a walkathon at Thiruvannmiyur beach. 10 students and faculty members participated.

Students of SRDC&H won the following prizes for scientific presentations at the National Dental Summit 3.0 at Priyadarshini Dental College and Hospital on 10th October. The details are listed below:

Category & Prize	Student Name	Year & Course
Oral Poster for UG Category – I Prize	Ms. Saniya Sahar Mr. S. G. Rudhranarayan	III yr. B.D.S
Best Paper in UG Category & Overall Best paper in Oral Pathology – II Prize	Dr. Raghuram M.	CRI B.D.S



Students from SRDC&H won the following awards in competitions held at SRM Dental College, Ramapuram on 28th October. The details are listed below:

Category & Prize	Student Name	Year & Course
Reels – I Prize	Dr. Subashree Vasan Dr. Deepa Ramesh	CRI B.D.S
Reels – II Prize	Ms. Shruthika N G. Ms. Deekshitha Pitty	III yr. B.D.S



Sri Ramachandra Faculty of Management Sciences (SRFMS) organised the Second Shri. N.P.V. Ramasamy Udayar Inter-School Debate Competition on 9th October. 150 students from 25 schools from Chennai participated, debating on social, political, and ethical issues. The valedictory session was graced by Ms. Samyuktha Venkataachalam, Trustee, Sri Ramachandra Educational and Health Trust.

Dept. of Clinical Nutrition, SRFAHS visited Omayal Achi Public Health Centre, Thiruvallur to commemorate the National Nutrition Month-2025, on 6th October. The visit focused on counselling 15 elderly individuals on the importance of low salt, low sugar, and low fat consumption for the prevention and management of lifestyle diseases.



Dept. of Clinical Nutrition, SRFAHS, conducted the valedictory ceremony of National Nutrition Month 2025 on 10th October. Ms. Swarna Padmini Rajamani, Chief Business Officer, Rassense Pvt. Ltd. delivered a lecture on 'Culinary Entrepreneurship and Food Start-ups'. 250 students, dietitians, Ph.D scholars and faculty members attended.



Dept. of Optometry, SRFAHS, organised 'FORESIGHT'25', a CME on the occasion of 'World Sight Day', on the theme 'Scientific Advancement and Clinical Excellence in Optometric Practice' on 8th October. The resource persons were Prof. Preetha Ramprasat, Principal, Vasan Institute of Ophthalmology & Research, and President, Optometric Association of Tamil Nanbargal; Mr. Prem Sudhakar, Asst. Prof., Dept. of Optometry, SRM Medical College Hospital & Research; Ms. Indra Rengarajan & Ms. Jeevitha Asokan, Occupational Optometrist, Sankara Nethralaya; Dr. Ramya Lakshmikanth & Dr. Anuja C. M., Assoc. Prof., Dept. of Optometry, Sri Jayendra Saraswathi Institute of Optometry; Ms. Purnima Arun, Chief Optometrist, APT Vision.

Dept. of Trauma Care Management (TCM), SRFAHS, conducted a CPR awareness programme from 13th to 17th October. The details are listed below:



A public awareness programme at Sri Ramachandra Hospital (G Block) on 15th October to educate the public about Cardiopulmonary Resuscitation (CPR). 110 people benefitted.



E-Poster competition on the theme Cardiopulmonary Resuscitation was conducted on 16th October. 10 students participated.



A quiz competition was conducted focusing on importance of CPR on 15th October. 30 students participated.



A mass CPR and BLS demonstration was organised with 70 UG & PG students, from the Depts. of TCM, Renal Dialysis and Respiratory Therapy, SRFAHS on 14th October. 70 students participated.



A class on Basic Life Support (BLS) was conducted for 180 students from SRFAHS on 16th October.



Dept. of Emergency Medicine, SRFAHS organised a Disaster Drill on 18th October.



Dept. of TCM, SRFAHS organised an *Aide Memoire* course on Trauma Care Management for CRRI students on 31st October on the topics BLS, ACLS, PALS, Fire, Heat Stroke, Snake bite, Frost bite & Disaster Management. It is a certified course from the University of Edinburgh. 26 students attended.



STEPS National Webinar Series #39: Toxicological Emergencies Part, was organised by the Dept. of TCM, SRFAHS, on 31st October. 104 students attended.



Sri Ramachandra Faculty of Nursing (SRFoN) organised the 5th National Nursing Science Exhibition, 'INNOVUS 2025', on 28th October. Dr. S. Ani Grace Kalaimathi, Registrar, TNNMC, delivered the inaugural address, highlighting the Council's role in fostering innovation in nursing education. 78 e-posters were presented by participants. 240 students or faculty members participated.



Dept. of Psychiatric Nursing, SRFoN, observed World Mental Health Day 2025 on 23rd October featuring a motivational talk by Mrs. Kanmani Thivya Jas M., Founder & CEO, Arise Shine Counselling highlighting resilience and psychological first aid. 166 students attended.



The 33rd Lamp Lighting Ceremony for students of I yr. B.Sc. Nursing (Batch 2025-'26) was held on 31st October. Dr. P. Shankar Shanmugam, Principal, College of Nursing, Madras Medical College, and Joint Director of Medical Education & Research (Nursing), was the chief guest. 66 students received the light from senior nursing leaders and recited the Nightingale pledge.

SRFON in collaboration with the University of Wisconsin Oshkosh (USA) and the Catholic University of Santa María (Peru), organised the 7th International Nursing Students Round Table Discussion on 21st October on the theme 'Nursing Students' Perspectives on the Future of the Nursing Workforce: Sharing Our Voices from Chennai, Arequipa & Wisconsin.' Dr. Manohar Singh, Chancellor, UW Oshkosh; Ms. Maria del Carmen Graf, Assoc., Prof., International Studies Coordinator and Ms. Heidi Hansen RN MSN, Instructional Academic Staff, University of Wisconsin Oshkosh, School of Nursing and Health Professions were the resource persons. Three students from each university shared their perspectives on the future of the nursing workforce, fostering global dialogue and collaboration among nursing students.



As part of Centenary Celebration, The Tamil Nadu Nurses and Midwives Council organised the Nurse Executive Leadership Program (Chennai Zone) at SRIHER (DU) on the 9th and 10th October. 72 Principals and Vice-Principals from various Nursing Colleges across Tamil Nadu attended the event.



Dept. of Nursing, Sri Ramachandra Hospital (SRH), celebrated Infection Prevention and Control Week from 19th to 25th October. The week-long event was marked with various activities aimed at promoting awareness and practices that prevent and control infections. 240 nurses participated.



Dept. of Nursing, SRH, organised an in-house Continuing Nursing Education (CNE) on the theme 'Stand UPPP For IPC – Unite, Prevent, Protect, Prevail (UPPP)' on 24th and 25th October. The two-day CNE featured lectures, demonstrations, and a field visit, led by expert resource persons Ms. Abilasha, Chief Nursing Officer, Voluntary Health Services, Multispeciality Hospital, Chennai, Ms. Arya Nair, Infection Control Nurse, SIMS Hospitals and Doctors from the Dept. of Microbiology, Nurse Educators and Infection control nurse from Sri Ramachandra Hospital. 50 nurses attended.



Dept. of Musculoskeletal Physiotherapy, Sri Ramachandra Faculty of Physiotherapy, hosted the 8th Smt. Kamalam Ramasamy Udayar Endowment Oration on 10th October. Prof. Akhouri Gourang Kumar Sinha, Prof. of Physiotherapy, Punjabi University, Patiala, delivered the oration on the topic 'NCAHP (National Commission for Allied and Healthcare Professions) Act 2021: Implications and Challenges to Physiotherapy Education and Practice'. 122 students and faculty members participated.

Reels and Poster competition for students of SRFASLP and National Institute of Speech and Hearing, Trivandrum (as a part of active ongoing MoU). 24 entries were received between 10th and 31st October. Best two entries in each category were selected for prizes.

SRFASLP conducted a webinar on 'Authorship and Co-authorship' by Dr. Arpita Bose, Assoc. Prof., School of Psychology and Clinical Language Sciences, University of Reading, UK on 29th October. The session focussed on CRediT (Contributor Role Taxonomy), explaining its 14 roles for assigning and documenting contributions and strategies for sequencing authorship. 37 PG students and faculty members attended.



Dept. of Audiology, SRFASLP conducted a guest lecture on 'Make Listening Safe – A WHO Initiative' by Dr. Arun Kumar Agarwal, Former Prof. of ENT & Dean, Maulana Azad Medical College, President, Society for Sound Hearing, and Co-chair, World Hearing Forum, WHO Geneva on 15th October, who emphasised on the need for its awareness on impact of hearing loss and steps to prevent it. 106 students and faculty members attended.

Dept. of Speech Language Pathology, SRFASLP observed Augmentative and Alternative Communication (AAC) awareness month from 10th October to 6th November with the following activities focussing on understanding and promoting advocacy for individuals with communication difficulties who use or require non-speech ways of communication:

Inauguration of AAC and Literacy Clinic and Lab at SRFASLP on 31st October. The lab had a display of various assistive aids and technologies for communication ranging from no-tech, low-tech to high-tech that can be used for children and adults who have communication difficulties.



Three AAC Sensitisation Programmes in order to sensitise the multidisciplinary medical and healthcare professionals on 29th October and 6th November. 38 medical PGs, 78 students and faculty from various constituent colleges, 131 nurses and administrative staff attended three different sessions, respectively.



'Non-Speech Communication' was observed by 170 students and faculty members on 29th October. By simulating the experience of relying on AAC, the initiative provided participants with valuable, first-hand insight into the importance of alternative communication modalities and fostered greater empathy for AAC users.



AAC making competition for students of FASLP, where 21 entries were received and evaluated by jury members on 4th November. Best two entries were awarded.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised a Guest Lecture on the topic 'Occupational Therapy through the lens of Developmental Pediatrician' on 6th October, followed by an E- poster presentation by the PG students. 250 students participated.

SRFOT organised the following events to commemorate the Breast Cancer Awareness Month:

4th October

Breast cancer awareness rally walk in SRIHER campus.



7th October

Breast cancer awareness badge distribution to faculty members and staff at SRIHER

8th October

Competitions on the theme 'Think, Act and Impact'. 60 students participated.

- ◆ T- shirt painting
- ◆ Quiz competition
- ◆ E-poster presentation
- ◆ Photography contest
- ◆ Reels competition



7th October

Continuing Occupational Therapy Education (COTE) on 'Every Story is Unique, Every Journey Matters' by Dr. Sivakumari S. (Surgical Oncologist, Stanley Medical College). 210 students attended.



31st October

Released brochure on 'Occupational therapy in breast cancer'





SRFOT organised the following events:

- ♦ Awareness and Intervention Camp to commemorate 'World Mental Health Day' on the theme 'Access to Services – Mental Health in catastrophes and emergencies' on 10th October at Sri Poorna Mahameru Trust, Pallavaram. 25 elderly inmates participated.
- ♦ Screening camp for elderly on 25th October at Sri Ramachandra Hospital. 60 patients benefitted.
- ♦ Awareness camp for the public to observe World Stroke Day on 29th October at SRH. 70 people participated.
- ♦ Screening camp to observe World Stroke Day at Rural Health Centre, Vayalanallur on 31st October. 35 people benefitted.

Dept. of General Surgery, SRMC&RI, hosted the 27th Annual Review and Rapid Revision Course from 8th to 13th September. 155 PG students and faculty members participated.



Dept. of General Surgery, SRMC&RI, conducted the Prof. D. Gnanaprakasam Annual Endowment Oration on 10th September. Prof. Dr. M Vijayakumar, Vice Chancellor, Yenepoya University, Karnataka delivered the Oration, laying emphases on latest surgical techniques and recent advancements in the field of surgery to improve patient outcomes and compliance. 200 students and faculty members participated.

Student Council Activities



Theatre Club of SRIHER in collaboration with the DAPTC Club, presented an awareness skit 'Awaken – Breaking from Addiction' on 15th October to educate the public about the harmful effects of drug and tobacco use. 45 members of the public witnessed the skit.



Photography Club of SRIHER conducted 'Blueprint of SRIHER' an online event photography contest from 24th September to 4th October with 35 participants.



MedQuiz Club of SRIHER organised 'The First Pulse' on 3rd October, with the aim to develop the spirit of quizzing among the freshers and promote teamwork and curiosity. 240 students participated.



MedHope Club of SRIHER, in collaboration with the Student Council, organised 'SPARK' on 6th October for young cancer warriors. Seven children benefitted.

Student Council of SRIHER along with the Music and Dance Clubs hosted *Garba* celebration on 3rd October filled with music and dance performances. 800 students participated.



Green Friends Organisation (GFO) of SRIHER conducted 'Twinkle Tales – Diwali Donation Drive' on 14th October at Manasa Special School. 25 children attended.

Debate Club of SRIHER conducted 'Click Bait Debates' on 22nd October with debates on pop culture-based discussions. 30 students participated.



Dance Club of SRIHER organised 'Unscripted Moves – Dance Without Borders' on 23rd October celebrating spontaneity and equality by encouraging interaction and creativity through dance. 36 students participated.



MedHope Club of SRIHER, in collaboration with the Student Council, hosted 'SHINE – Diwali Edition' on 24th October, with eight volunteers. The initiative aimed to bring happiness to young cancer warriors through festive art activities. 10 children benefitted.

Music Club of SRIHER organised 'Kutty Story' on 27th October with 12 participants sharing their stories through music.

Photography Club of SRIHER hosted 'Silhouettes & Sparks', a Diwali-themed photography event celebrating the festival through creativity, light, and shadows. 23 students participated.

English Literary Club of SRIHER conducted 'Dearest Gentle Reader' a social media series from 3rd July to 29th October to showcase the reading interests of 10 faculty members to encourage literary engagement among students

English Literary Club of SRIHER conducted 'Letters to Strangers' on 10th October, promoting kindness and mental health awareness. The event inspired empathy by sharing thoughtful, reassuring notes with fellow students. 30 students participated.



English Literary Club of SRIHER, in collaboration with the NSS, conducted 'VOICES – 14' on 31st October at Perambur Girls' School involving 15 volunteers. The session empowered students to improve their spoken English and communication skills through interactive learning.



MedHope Club along with the Student Council of SRIHER and NGO Espoir, organised 'Ribbons of Pink – Breast Cancer Awareness' on 28th and 29th October with 10 volunteers participating to raise awareness about early detection of breast cancer. 30 people benefitted



Rotaract Club of SRIHER organised 'Colours of Happiness' on 26th October at *Padhai Home Valsaravakkam*, with 21 rotaractors engaging in educational and creative activities. 50 people benefitted.

Music Club of SRIHER hosted 'One Minute Melody (Reel Competition)' from 2nd to 10th October providing digital stage for students to showcase their musical talent and creativity. 18 students participated.

NSS Activities

Multi-Speciality Medical Camp

NSS SRIHER - Unit II organised a multi- speciality medical camp for senior citizens at *Stree Seva Mandir Old Age Home, Virugambakkam* on 19th October. 102 beneficiaries attended the camp.



NSS SRIHER - Unit II in collaboration with the Inner Wheel Club of Madras Metro, jointly organised a multi- speciality medical camp at T. Nagar on 18th October. The camp served 178 beneficiaries.



Anandha Deepavali Celebration

NSS SRIHER - Unit II celebrated *Anandha Deepavali* on 16th October at the Sree Seva Mandir Old Age Home, *Virugambakkam*. Volunteers engaged seniors with various games including *pallanguzhi*, ludo, & puzzles. The celebration also included a balloon filling competition, ball passing games, dance performances. Dress materials were distributed to the inmates. 60 people benefitted.



GUT BUDDIES - World Food Day Celebration

NSS UNIT II and Green Friend Organisation (GFO), SRIHER, jointly celebrated 'GUT BUDDIES', an initiative under I.M.P.A.C.T (Initiative for Medical & Public Awareness Training), at *Vayalanallur Panchayat Union Middle School* on 27th October. 12 volunteers from NSS & GFO participated in this event.



Sardar Vallabhbhai Patel 150th Birthday Celebration

NSS SRIHER commemorated the 150th Birth Anniversary of *Sardar Vallabhbhai Patel* on 27th October at Vayalanallur Panchayat Union Middle School. As part of the celebration, a National Unity Day pledge was taken by the students. 65 students and 15 NSS volunteers participated.



NCC Activities



Combined Annual Training Camp (CATC) Coupled with Inter-Group Competition leading to the Republic Day camp launch was conducted at the Tambaram Air Force Station from 1st to 9th October. Sergeant M. N. Anuj., III yr. B.Sc. Applied Psychology, Cadet V. Pranitha., II yr. B.Sc. Allied Health Sciences and Cadet K. J. Daniel Ragland., II yr. B. Sc. (Hons.) Sports and Exercise Sciences participated in the camp.



NCC, SRIHER conducted an event titled 'What Can I Do' on 4th October. Mr. Sathiya Padmanaban, Goldman Sachs India CFO, Head of India Controllers & Global Co-head of Controllers Pricing and Valuation group was the chief guest. The event aimed at fostering eco-friendly practices and promoting long-term sustainability. 232 cadets attended.



Sgt. Kavya Krishnan., III yr. B.Sc. BPT was awarded with the camp senior award and secured 3rd place in the firing competition during the CATC conducted from 7th to 16th October at Sathyabama Institute of Science and Technology. CDT Navaneethan G., II yr. B.Sc. Clinical Research, secured the 2nd place in the individual drill and 100m race.



Republic Day Camp (RDC) and Inter-Group Competition (IGC) Camp were conducted from 11th to 18th October at Idayapatti, Madurai. Sgt. M N Anuj., III yr. B.Sc. Applied Psychology, Cadet V Pranitha., II yr. B.Sc. AHS participated in the camp. Cadet K.J. Daniel Ragland., II yr. B.Sc Sports & Exercise Sciences were selected for the Republic Day for the next level RDC camo and Directorate Training (TRG) 1 Camp. They were also the overall runners up in the RDC, IGC competitions.

NCC, SRIHER under the *Jeeva Sparsam* banner conducted the following events:



'Empowered Recovery' on 9th October, led by Ms. Dushitha., IV yr. BPT who shared insights on the role of physiotherapy in recovery and rehabilitation. 49 cadets attended.



'Turtle Tales' on 12th October at the Marina Beach, near Presidency College. The session focused on raising awareness about marine conservation, highlighting the consequences of waste dumping into water bodies. 113 cadets from SRIHER NCC and other colleges participated.

Online event titled 'Ready. Respond. Rescue' on 17th October to equip cadets to manage common emergencies by administering first aid measures. 37 cadets from SRIHER NCC and other colleges attended.

Ms. Mekala, III yr. B. Sc. Agriculture, Manakula Vinayakar College spoke on the modern farming practices, sustainable agriculture, and the future of food security, inspiring participants to think about long-term sustainability in agriculture as part of 'Farm to Future' programme held on 19th October. 36 cadets from SRIHER NCC and other colleges participated.

'Lights of gratitude - Where every smile matters' on 22nd October, with the cadets distributing sweets to the staff of SRIHER. 55 cadets from SRIHER NCC and other colleges participated



'Entrepreneurship & Funding Opportunities for Students' on 25th October. Mrs. Naga Thilagam, Business growth Strategist, StartupTN and expert in startup financing, business growth, and market access, shared insights on entrepreneurship and funding opportunities, bridging innovation with inclusivity for aspiring student entrepreneurs. 72 cadets from SRIHER NCC and other colleges participated.



'Eco Champs - Tiny hands greater future' on 29th October at the Omega International School focussing on learning with fun, as young students and cadets came together for an interactive session. 30 students participated.

Sports' Corner

Students of SRIHER won the trophy in 'SYNAPSE-2025 - Medical & Dental Tournament', held at Government Vellore Medical College, Vellore from 7th to 11th October. The details are listed below:

Cricket (Men) - Winners

Name	Year & Course
Mr. Joshitt Saravanan	IV yr. MBBS
Mr. Aryan Hariharan	IV yr. MBBS
Mr. Akash Aravinth A C.	IV yr. MBBS
Mr. Hari Nivas D.	IV yr. MBBS
Mr. Siddarth S.	III yr. MBBS
Mr. Haleem Aqmal D.	III yr. MBBS
Mr. M. Pranav Tharakeshwar	III yr. MBBS
Mr. R. K. Pranav Sabapathy	III yr. MBBS
Mr. J. M. Vijay	III yr. MBBS

Name	Year & Course
Mr. Mokshith D.	III yr. MBBS
Mr. Johnsson Jaden	III yr. MBBS
Mr. Mohinth Prasanna D.	III yr. MBBS
Mr. S. R. Sanjay Kamal	III yr. MBBS
Mr. Vishnu Rajan	II yr. MBBS
Mr. Dhanush Reddy	II yr. MBBS
Mr. Sankaj Kumar	III yr. MBBS
Mr. Kavin T	III yr. MBBS
Mr. S. Veeravel	III yr. MBBS

Throwball (Women) - Winners

Name	Year & Course
Ms. Harssni M.	CRMI MBBS
Ms. Ajitha T.	CRMI MBBS
Ms. Nikhila Reddy	III yr. MBBS
Ms. M. Yamini	III yr. MBBS
Ms. Kim Klisters	II yr. MBBS

Name	Year & Course
Ms. Ranjhana	II yr. MBBS
Ms. Samyuktha K V.	CRI, BDS
Ms. Harshita K.	CRI, BDS
Ms. Jayalalitha G.	II yr. BDS
Ms. Kruthika	II yr. BDS

Students of SRIHER won the 'CM Trophy-2025'- State Level Swimming Competition, held at Chennai from 12th to 13th October. The details are listed below:

Event & Prize	Name	Year & Course
Swimming (Men & Women) 200m Breast Stroke & 100m Butterfly Stroke – I Place	Ms. Joyshree M.U.	II yr. B. Sc. (Hons). Sports & Exercise Sciences
Swimming (Men & Women) 200m Back Stroke – II Place	Mr. Sanjiv Pranav N.	II yr. B.Sc. (Hons). Sports & Exercise Sciences
Cycling (Women) – 20km – III Place	Ms. Nafisa Huzefa Milwala	I yr. B.Sc. (Hons). Sports & Exercise Sciences





Ms. M. Suvitha
Lecturer, Dept. of Medical Surgical Nursing



Ms. S. Anitha
Asst. Prof., Dept. of Microbiology



Ms. Irin Vimal Kumar
III yr. BOT



Ms. Neha Uvaraj
III yr. MBBS

In Drops of Hope

In a cradle of silence, beneath hospital light,
Lay a child without lullabies sung through the night.
No mother to whisper, no arms to enfold,
A newborn alone in a world far too cold.
Her mother, an angel who couldn't stay near,
Left behind more than memories — she left behind fear.
But just as the dawn breaks the hold of the night,
Came hope in a bottle, soft, warm, and white.
Not her mother's, but still it was love poured with grace,
From a woman unknown, yet kind as her face.
A gift from another, her body did share
That life-saving nectar born out of care.
Each drop held a story, a heartbeat, a name,
Of a mother somewhere who'd never seek fame.
Her child was full, but her heart even fuller,
So she gave to the lost, to the quiet and duller.
The baby grew stronger, with cheeks full of pink,
With no clue of sorrow, no tear left to blink.
So here's to the givers, unseen, unsung,
Whose silent sacrifice fills every lung.
For milk is not just food — it's soul, it's shield,

Ms. R. Pradeepa
III yr. B. Sc. (Hons.) Biomedical Sciences

உன் வாழ்க்கை உன் விழியில்.....

பெண்ணே!
கவிஞனின் கரங்களில் நீ....
நிலவாய், மலராய், கடலாய், பூமித்தாயாய் உலவுகிறாய்....
மயங்கிடாதே மங்கையே....
நிலவென்பர் தேய்ந்தால் நகைப்பர்....
மலரென்பர் வாடினால் வீசி விடுவர்..
கடலென்பர் அனைத்தையும் உன்னுள் கரைப்பர்..
பூமித்தாயென்பர் குத்திக் கிழித்துச் சுகம் காண்பர்..
நினைவில் கொள்
கருணை தீபமாய் ஒளிராதே....
பாரதி மாண்டு விட்டான்..
பெரியார் உடனில்லை என்று வருந்தாதே..
பெண்ணியம் பேச ஆணினம் தேவையில்லை..
எழுந்து வா! வெகுண்டு வா...!
சீதையின் பொறுமை வேண்டாம்..
கண்ணகியின் துணிவு கொள்..
நிலவென்று நெருங்கினால்
சுட்டெரிக்கும் சூரியனாகு..
மலரென்று தொட்டால் முட்களால் கிழித்துப் போடு..
கடலென்று கால் பதித்தால் பேரலையாகி பேருருவம் எடு..
பூமித்தாயென்று மிதித்தால் பூகம்பமாகி உன்னுள் விழுங்கு..
அன்புக்கு அடிபணி, அகங்காரத்திற்கு அடங்காதே....
என்றும் மறவாதே, என் சகோதரியே....
உன் வாழ்க்கை
உன் விழியில்.....
கொண்டாடுவது நம் பெருமையே !!

Mr. Raghuram M.
CRI, BDS